

Tailyate Safety Talk

Information You Can Use to Prevent Accidents & Injuries

Lightning strikes are of serious concern here in Ohio. If lightning threatens when you're inside:

- 1. Stay inside.
- 2. Stay away from open doors or windows, radiators, metal pipes, sinks, and plug-in electrical appliances.
- 3. Don't use plug-in electrical equipment turn off and disconnect computers.
- 4. Don't use the telephone. Lightning may strike the telephone lines outside.

If lightning threatens when you're outside:

- 1. Seek shelter in a building, if possible.
- 2. When there is no shelter, avoid the highest objects in the area (trees, poles, etc). Avoid being the highest object. If only isolated trees are nearby, the best protection is to squat down and minimize contact with the ground (don't lie down on the ground), keeping at least as far away from isolated trees as they are high.
- 3. If wearing or carrying anything metal, get rid of it.
- 4. If you feel and electrical charge (hair stands on end, skin tingles), lightning may be about to strike. Drop to your knees and bend forward, putting hands on your knees.

Persons struck by lightning receive a severe electrical shock and may be burned, but they won't carry an electrical charge and can be handled safely. A person struck by lightning can often be revived by prompt mouth-to-mouth resuscitation and CPR.



Users of this tailgate talk are advised to determine the suitability of the information as it applies to local situations and work practices and its conformance with applicable laws and regulations.